

# Child Watch Parent Guidelines

The purpose of the YMCA Child Watch is to offer members a safe, clean and convenient place for their children. The service is provided for the parents to use while they are attending classes, or using the YMCA for fitness and recreational activities.

**Ages:** Birth through 7 years are welcome.

**Hours:** Monday- Friday 8:00-11:30 am  
Monday-Thursday 4:30-8:30 pm  
Saturday 8:00 am-12:00 pm  
Sunday 1-4pm

**Fees:** The Child Watch area is free for dependent children of members on a family membership, \$4.00 per visit/per child for all other membership types.

**Check-In:** Parents bringing children into Child Watch must sign-in on the daily check-in form and provide all required information. The parent that brings the child is expected to pick-up the child unless our staff is informed otherwise in advance in writing. In this case the person picking up your child may be asked to show identification. This system is in place to ensure the safety of your child(ren).

Parents and children will receive matching wristbands at check-in. Parent must have the matching wristband to pick the child(ren) up.

Parents are required to stay within the building and must be accessible in the event of an emergency. An exception will be made for YMCA Classes held outside the main building. In these cases parents must carry a cell phone and provide the Child Watch with the phone number. Parent must return, to the nursery within 15 minutes of the scheduled end of class.

Usage of the Drop In Child Watch is limited to 2 hours per visit. Neither Members nor Access Members may bring nieces, nephews and/or babysitting children to the Child Watch.

Parents are asked to label all of the child's belongings (diaper bags, bottles, snacks, toys, etc)

**Snacks:** Parents may bring snacks and drinks for their own children. Staff will serve bottles that have been prepared by parents. Parents should bring drinks in well marked, non-spill and non-breakable containers. No refrigeration is available. **Absolutely No Nut Products May Be Brought Into The Child Watch Area.**

**Health Concerns:** Children who are ill **will not** be accepted into the Child Watch. Parents should not bring children experiencing any of the following symptoms:

\*Fever of 100 degrees or higher, vomiting, or diarrhea within the last 24 hours.

\*Conditions of measles, mumps, chicken pox, scarlet fever, strep throat, flu, ringworm, impetigo, lice, pink eye, eye discharge or hand, foot and mouth diseases, or any unusual spots or rashes.

\*Staff reserves the right not to accept children who show signs or symptoms of an illness. Please notify our staff as soon as possible if your child(ren) contracts a communicable illness after visiting the nursery.

\*Children may return from having chicken pox when all the pox have scabbed over.

Parents are encouraged to share information about the child that may be valuable to our staff. (Ex. eating & sleeping needs, medication, temperament, allergies, etc.) We will allow your child to cry for 15 minutes before asking you to leave your class or activity to care for your child.

**Discipline:** Our philosophy is that behavior such as Caring, Honesty, Respect, and Responsibility are encouraged by giving plenty of positive reinforcements. Children are encouraged to resolve conflict in a non-violent manner using words instead of actions. However, if a child is not cooperating with others or the Y staff, the following discipline methods will be used.

\*Staff will remind children of acceptable behavior.

\*Children will be removed from the conflict to calm down and refocus until the staff feel they can return to the group.

\*If behavior problems persist, the staff will ask parents to pick up their child at that time and remove the child from the nursery.

\*Children who exhibit continued behavior problems may be restricted from using the nursery.

**Please keep the above for your records and return the bottom to the Wapakoneta Family YMCA.**

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I \_\_\_\_\_ HAVE READ  
Please Print Here

**CHILD WATCH GUIDELINES AND AGREE TO ALL SUBJECT MATTERS.**

Signature \_\_\_\_\_

Date \_\_\_\_\_